

Licensed Professional Counselor-Associate with specialized experience providing trauma-informed counseling to children, adolescents, adults, and families within Children's Advocacy Center and community settings. Experienced in assessment, treatment planning, crisis intervention, suicide risk assessment, behavioral intervention, and multidisciplinary collaboration. Regularly partner with law enforcement, Child Protective Services, district attorneys, medical providers, juvenile probation, and victim advocates to provide coordinated, trauma-informed care. Clinical interests include child trauma, forensic mental health, and evidence-based treatment for youth.

EDUCATION

University of North Texas	Denton, TX
BA, Psychology	December 2018
Texas A&M University–Commerce	Commerce, TX
MSc. Clinical Mental Health Counseling	December 2024

LICENSURE

Licensed Professional Counselor-Associate (TX)

COUNSELING EXPERIENCE

Fannin County Children’s Center	Bonham, TX
Therapist	March 2025 – Present
- Provided individual and family counseling to children and adolescents impacted by sexual abuse, physical abuse, neglect, and exposure to family violence within a Children’s Advocacy Center (CAC) framework. - Utilized trauma-informed, evidence-based interventions, including TF-CBT, CBT, person-centered, and play therapy approaches, to address trauma symptoms, emotional regulation, and behavioral concerns. - Conducted crisis intervention and risk assessments for suicidal ideation, self-harm, and behavioral escalation; implemented de-escalation strategies and safety planning to ensure client stability. - Developed and implemented individualized, developmentally appropriate treatment plans. - Maintain timely, accurate clinical documentation in accordance with ethical and legal standards. - Participated in weekly clinical supervision, peer consultation, and multidisciplinary case reviews. - Collaborated with law enforcement, child protective services, and district attorneys to support case coordination, provide clinical insight, and ensure alignment between therapeutic services and investigative processes - Experience working alongside law enforcement and district attorneys within legal and investigative frameworks involving youth and families.	
Counseling Intern/Family Advocate	April 2024 – March 2025
- Assist non-offending caregivers with the intake process, explain the role of the CAC, and services offered at the CAC. - Supported caregiver engagement by addressing barriers to treatment, providing education on trauma responses, and reinforcing safety planning. - Assess client needs for CAC services and community resources and make referrals to other agencies if needed. - Conduct individual therapy for children, adolescents, and adults utilizing CBT, TF-CBT, and Child-Centered Play Therapy. - Conducted intake assessments and developed individualized treatment plans. - Collaborate with multidisciplinary teams to coordinate care and ensure comprehensive support for clients.	

PROFESSIONAL EXPERIENCE

Child Fatality Review Team – Multidisciplinary Team Member

Fannin County, TX

Coordinator/Data Entry

February 2025 – Present

- Participated in confidential, multidisciplinary reviews of child fatalities to identify risk factors and systemic gaps.
- Collaborated with law enforcement, medical, legal, child welfare, and mental health professionals.
- Contributed to prevention-focused recommendations and community safety efforts.
- Completed data entry and case documentation in accordance with state reporting requirements and confidentiality standards.
- Served as a coordinator, supporting meeting logistics, agenda preparation, and follow-up communication.
- Conducted comprehensive intakes, risk assessments, and trauma screenings.

Fannin County Juvenile Probation Office

Bonham, TX

Juvenile Probation Officer

August 2023 – April 2024

- Develop and implement rehabilitation-focused case management plans for juvenile offenders.
- Conduct comprehensive assessments to identify needs and risks.
- Monitor compliance with court orders and provide support.
- Collaborated with law enforcement and district attorneys regarding case status, compliance, and court-related recommendations for juvenile offenders.
- Prepare detailed reports for court hearings and stay updated on juvenile justice practices.

Fannin County Children's Center

Bonham, TX

Lead Forensic Interviewer/Family Advocate

January 2022 – July 2024

MDT Coordinator/Forensic Interviewer/Family Advocate

November 2020 - January 2022

- Conduct interviews of alleged victims of child abuse and witnesses of violent crime from age two years through seventeen years and possibly intellectually disabled adults
- Foster an environment that is sensitive to a child's cognitive, emotional, and psychological development, without leading a child in questioning.
- Supervise and train other forensic interviewers.
- Assist non-offending caregivers with intake paperwork, explained the role of the CAC, the process of a forensic interview, and services offered at the CAC.
- Assess client needs for CAC services and community resources and make referrals to other agencies if needed.
- Documentation of forensic interviews, and family advocacy services provided to clients and caregivers.
- Review Department and Family Protective Services Statewide Intakes for criteria necessary for CAC services and input into Collaborate.
- Served as a liaison between CAC clients and members of the MDT.
- Coordinate with MDT members for case and service assessment, case review meetings, and throughout the multidisciplinary interagency response.

Lawton Correctional and Rehabilitation Facility

Lawton, OK

Cognitive Behavioral Instructor

October 2019 - October 2020

- Provided support and classroom guidance for career planning, social adjustment, life skills, and personal management.
- Facilitated cognitive-behavioral interventions in a correctional setting targeting criminal thinking and behavior patterns.
- Reviewed curriculum and created lesson plans that encouraged participation in class.
- Database management to document attendance and classroom behavior.
- Assisted inmates in planning and developing post-release plans that encouraged positive post-release behaviors and activities.

PROFESSIONAL MEMBERSHIPS

Texas Counseling Association

Chi Sigma Iota

SKILLS

- Therapeutic Modalities:
 - Cognitive Behavioral Therapy (CBT)
 - Trauma-Focused CBT (TF-CBT) Trained

- Child-Centered Play Therapy
 - Motivational Interviewing
- Populations Served: Young children, adolescents, teenagers, and adults
- Languages: Fluent in Spanish (Bilingual)
- Clinical Documentation & Case Management
- Multidisciplinary Team Collaboration
- Trauma-Informed Care